

Caregiver Support Group

Join our oncology social workers for a supportive and informational meeting

When a loved one is living with cancer, the role of a caregiver can be both challenging and rewarding. Caregivers are invited to join us for online sessions on how to manage the emotional and physical demands of being a caregiver. We will provide practical information on ways to support loved ones while practicing self-care. Participants will be encouraged to share their experiences with one another to gain insight and support in the role of caregiver.

Where:

Virtual Zoom Meeting - Invitation will be sent via email

When:

Sessions will be held on the 3rd Wednesday of each month (1-Hour)

RSVP:

**RSVP by the Monday prior to the meeting to:
VCSSocialWork@usoncology.com**



VirginiaCancerSpecialists.com