

TAKING CONTROL: BREAST HEALTH IN THE TIME OF COVID-19

**SATURDAY, OCTOBER 3
9:30 AM - 12:00 PM**

Join us for Virginia Hospital Center's Annual Breast Cancer Awareness Conference. This year's conference will be entirely virtual, but no less informative and inspirational. Our panel of breast health experts will provide timely guidance on how to manage your risk and anxiety during this period of uncertainty. Specific topics include decision-making around breast cancer screening, concerns about weight management and important updates related to prevention, treatment and survivorship.



EXPERT PANEL

- **Molly Sebastian, MD, FACS**, Medical Director and Breast Surgeon, VHC Physician Group-The Reinsch Pierce Family Center for Breast Health
- **Claire Edwards, MD**, Breast Surgeon, VHC Physician Group-The Reinsch Pierce Family Center for Breast Health
- **Neelima Denduluri, MD**, VHC Cancer Committee Chair, Medical Oncologist, Virginia Cancer Specialists
- **Robert Hong, MD**, Chief of Radiation Oncology and Medical Director, The Hitt Family Center for Radiation Oncology
- **Sarah Mezban, MD**, Radiologist, Women's Imaging Center
- **Marilyn Nguyen, MD**, VHC Physician Group-Plastic & Reconstructive Surgery
- **Michelle Kondracki, MPT CLT-LANA**, Senior PT, Physical Medicine & Rehabilitation, Outpatient Rehabilitation Services
- **Brittany Christopher, PA-C, MPH, MSHS**, VHC Physician Group-The Reinsch Pierce Family Center for Breast Health
- **Cynthia Choi, MS, RD, CSO**, Dietitian, Cancer Nutrition Services

**Questions? Call 703.558.6700 or email
confctr@virginiahospitalcenter.com.**

REGISTRATION IS REQUIRED

There is no charge to attend the virtual conference, but you do need to register. Links to join the conference as well as access passwords will be provided to registered participants close to the conference date. Visit www.virginiahospitalcenter.com and click on "Classes & Events" and search by date of event to register.

All registrants
will be entered in
a raffle to win
a special gift.