

ADVANCED BREAST CANCER CARE:
Virginia Cancer Specialists
Improves Lives Through
Personalization,
Collaboration,
and Research

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For women and men on a breast cancer journey, Virginia Cancer Specialists offers the most optimistic, advanced, comprehensive, and personalized approach to breast cancer treatment.

Not only are the breast care specialty physicians expertly trained, but their emphasis on research, clinical trials, and collaborative care between the medical oncologists and the breast surgeons provides the most reassuring approach.

“We’re at the forefront of it all,” says medical oncologist Anmol Singh, M.D., of Virginia Cancer Specialists. “We bring cutting-edge treatments to our patients. It’s very important to know the newest available treatments. We can address almost every scenario our patients bring us. A breast cancer diagnosis is always distressing, but there’s a lot of optimism and hope.”

Virginia Cancer Specialists breast surgeon Matthew Hueman, M.D., agrees, “My passion lies in the opportunity to individualize every patient’s treatment and knowing when to de-escalate treatment. Not everyone needs chemotherapy. We have immune therapies, targeted therapies, and the latest clinical trials. Every patient is unique. Better treatment doesn’t always mean more treatment.”

Dr. Singh says, “Sometimes delivering chemotherapy upfront can shrink the breast tumor so there are no microscopic cancer cells left behind, and we can use that information to determine subsequent steps.”

“For selected patients, genomic testing of the cancer itself can help predict the risk of recurrence and whether chemotherapy is likely to provide meaningful benefit. This allows some patients to safely avoid chemotherapy and its side effects. We’re getting better at identifying which patients need more or less therapy,” says Dr. Hueman. “We help patients understand the pros, cons, and subtle benefits of treatment choices so they can decide their path forward. An increasing number of women don’t need lymph node surgery. For those who do, we have a non-invasive way to detect early fluid in the arm to mitigate the risk of lymphedema.”

“There are incredible advances in breast preservation and reconstruction. For women who need or choose mastectomy, specialized breast and plastic surgeons can offer advanced

nipple-sparing and nerve-sparing mastectomy and complex reconstruction, including DIEP flap reconstruction, so that women can continue to look and feel like themselves after treatment. Increasingly targeted approaches, including partial-breast rather than whole-breast radiation for selected women, can further reduce treatment and side effects. We are preserving more breast tissue, using nipple-sparing techniques, and planning ahead with the cosmetic surgeon by doing surgery in a cosmetically sensitive way. Maintaining a woman’s body image is an incredibly important part of what we do. Most women can have lumpectomy and keep their breasts safely,” says Dr. Hueman.

“The reason I come to work every day,” says Dr. Singh, “is thanks to today’s advances and witnessing so many successes, while still understanding that there is still so much to learn and research within this disease.”

“They become part of our family at Virginia Cancer Specialists. We follow them closely,” says Dr. Hueman.

To contact
 Virginia Cancer Specialists
 or for an appointment,
 call **571-350-8400** or go to
VirginiaCancerSpecialists.com.